

Course: Water Safety Today



Purpose

To teach individuals how to recognize, prevent and respond to emergencies in, on and around water

Prerequisites

None

Learning Objectives

- Describe risks associated an aquatic environment or activities, such as drowning or head, neck and back injuries
 - Describe how to recognize, prevent and respond to emergencies in, on and around water
 - Recognize the importance of water safety training
 - Explain steps to take to remain safe in, on and around various water environments, including oceans, lakes, rivers and waterparks
 - Describe appropriate safety practices and rules that should be in place and enforced at residential pools
 - Demonstrate how to perform reaching and throwing assists
 - Describe steps for preventing overexposure to the sun
 - Describe how to prevent recreational water illnesses
- (This presentation can also be customized to meet the audience's interests and needs.)

Length

Approximately 2 hours

Leader

Currently authorized Water Safety (r.09) or Lifeguarding instructor or Aquatics leader

Certification Requirements

Attend the entire presentation

Certificate Issued and Validity Period

Water Safety Today – No validity period

Participant Materials

Water Safety Handbook (StayWell Stock No. 651306)